Customer

Profiles and Recommended Routines

In order to set a routine to suit the activity level of your cared-for person we recommend selecting a profile from the options below which aligns with your cared-for person's lifestyle.

Profiles:

HOW ACTIVE	DESCRIPTION	RECOMMENDED ACTIVITY LEVEL SETTING
Extremely Frail	Cared-for person is essentially housebound	Frail
Very Frail	Cared-for person is not steady on their feet and does not tend to leave the house for more than 1 hour at a time during active time	Frail
Frail	Cared-for person is mobile, although does not leave the house for more than 1-2 hours during active time	Frail
Mobile	Cared-for person is steady on their feet and comes and goes from their house quiet frequently and for between 2-3 hours at a time during active time	Mobile
Very Mobile	Cared-for person is steady on their feet and leads an active life, they can be out of the home for up to 3-4 hours at a time during active time	Mobile or Very Mobile
Extremely Mobile	Cared-for person is extremely confident on their feet and leads a highly active life, often leaving the house at any time of day or for many hours during active time	Very Mobile

Typical Set-up:

After pairing your device to the app:

Step 1:   Select the room in which the sensor will be placed; LIVING ROOM, KITCHEN, HALLWAY, BEDROOM

Step 2:   Set the Activity Level - default is set as **MOBILE**. Use the scroll bar to change the selection based on your profile evaluation from the table above.

Step 3:   Click **APPLY**.

Pre-set Routines:

The default day routine applies to all rooms except the bedroom, where the night time routine will apply.

DAY: 7am - 9pm

NIGHT: 9pm - 7am

To change the default routine, tap on the AM and/or PM time and scroll to adjust, then click SAVE.

Customising Routines:

Multiple routines can be set for any day.

To add additional routines, go to the **ROUTINE** screen and select **ADD TIMES** at the bottom.
Enter From and To times and select which day the routine should apply, then press **Add.**
The **ROUTINE** screen will now show multiple routines on the allocated day/s.

Note: Night time schedules will show over 2 days. eg: 9pm - 11.59pm, then 12.00am - 7am the following day.

Pre-set Sensitivity Levels:

Select a sensitivity level from the preset options

MOBILE (default):	4 hours
FRAIL:	2 hours
VERY MOBILE:	6 hours

Sensitivity Brackets:

Customise the alert sensitivity to suit your cared-for person's activity based on the selected profile.

Extremely Frail:	0-1 hours
Very Frail:	1-2 hours
Frail:	2-3 hours
Mobile (default):	3-4 hours
Very Mobile:	4-5 hours
Extremely Mobile:	5-6 hours

Additional self-help material, including the full User Guide and 'How To' information sheets can be downloaded from www.abibird.com.au/support

Placing AbiBird/s:

DAY - For best results:

- Face the front of the sensor towards the area in the room where the person frequently walks past.

- Position the sensor as far away as possible from obvious vibrations such as the dishwasher or washing machine.

- Place the sensor on a stable surface that's between waist and shoulder height and above pet height.

NIGHT - For best results:

- Face the front of the sensor towards the cared-for person's pillow to detect movement from the head and shoulders as they sleep.

Wall-mount brackets are available upon request.
It is common for people suffering with dementia to move and/or hide the AbiBird sensors on a daily basis, to avoid this occurring we recommend using double sided tape to secure the sensor to the surface on which it is placed or requesting a wall-mount bracket.